

## LOWER KUSKOKWIM SCHOOL DISTRICT

Breakfast

**Copril**Menu Subject to Change

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This institution is an	equal opportunity pro	ovider.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Pop Tart w/Graham Cracker or Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Crackers String Cheese Fresh Apple Choice of Milk	Cold Cereal w/Graham Crackers or Whole Grain Muffin w/Graham Crackers Orange or Mixed Fruit Choice of Milk	Pancakes or Pop Tarts w/Graham Crackers Sausage Patty Fresh Fruit Choice of Milk	Breakfast Burrito or Cold Cereal w/Graham Crackers Mixed Fruit Choice of Milk	Breakfast Cereal Bar w/Graham Crackers or Hot Oatmeal Bar Applesauce Choice of Milk
8	9	10	11	12
Pop Tart w/Graham Crackers or Whole Grain Muffin w/Graham Crackers String Cheese Fruit Cups Choice of Milk	Cold Cereal w/Graham Crackers or Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Crackers Orange or Diced Pears Choice of Milk	Breakfast Pizza or Whole Grain Muffin w/Graham Crackers Fresh Fruit Choice of Milk	Sausage, Egg, & Cheese Muffin or Cold Cereal w/Graham Crackers Pears Choice of Milk	Breakfast Cereal Bar w/Graham Crackers or Hot Oatmeal Bar Applesauce Choice of Milk
15	16	17	18	19
Cold Cereal w/Graham Crackers or Breakfast Cereal Bar w/Graham Crackers String Cheese Fruit Cup Choice of Milk	Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Crackers or Whole Grain Muffin w/Graham Crackers Orange or Mixed Fruit Choice of Milk	Breakfast Tornadoes w/Graham Crackers or Pop Tarts w/Graham Crackers Diced Peaches Choice of Milk	French Toast Sticks w/Syrup or Cold Cereal w/Graham Crackers Mixed Fruit Choice of Milk	Breakfast Cereal Bar w/Graham Crackers or Hot Oatmeal Bar Applesauce Choice of Milk
22	23	24	25	26
Cold Cereal w/Graham Crackers or Whole Grain Muffin w/Graham Crackers String Cheese Orange or Diced Peaches Choice of Milk	Pop Tart w/Graham Crackers or Blueberry Bagel (w/Cream Cheese or Peanut Butter) w/Graham Crackers Fresh Apple Choice of Milk	French Toast Sticks w/Syrup or Cold Cereal w/Graham Crackers Mixed Fruit Choice of Milk	Egg & Cheese Omelet w/Graham Crackers or Whole Grain Muffin w/Graham Crackers Pears or Peaches Choice of Milk	Breakfast Cereal Bar w/Graham Crackers or Hot Oatmeal Bar Applesauce Choice of Milk
29	30			
Pop Tart w/Graham Crackers or Blueberry	Cold Cereal w/Graham			

Pop Tart w/Graham
Crackers or Blueberry
Bagel (w/Cream Cheese
or Peanut Butter)
w/Graham Crackers
String Cheese
Fresh Apple
Choice of Milk

Cold Cereal w/Graham Crackers or Whole Grain Muffin w/Graham Crackers Orange or Mixed Fruit Choice of Milk



april

MONDAY THEODAY WEDNECDAY THURCHAY FE						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
1	2	3	4	5		
Popcorn Chicken Brown Rice Mixed Veggies Applesauce Choice of Milk	Beef or Chicken Tacos w/Sour Cream & Salsa Refried Beans Mixed Fruit Choice of Milk	Chicken Drumsticks Whole Grain Dinner Rolls Mashed Potatoes Mixed Fruit Choice of Milk	Pasta w/Meat Sauce & Shredded Cheese Carrots Diced Peaches Choice of Milk	Pizza Friday! Pepperoni, Cheese of Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk		
8	9	10	11	12		
Chili Dog on a Bun w/Cheese Baked Beans Diced Peaches Choice of Milk	Meat Lasagna Whole Grain Dinner Roll Green Beans Diced Pears Choice of Milk	Orange Chicken Steamed Brown Rice Carrots Peaches Choice of Milk	Salisbury Steak Mashed Potatoes Whole Grain Dinner Roll Applesauce Choice of Milk	Pizza Friday! Pepperoni, Cheese of Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk		
15	16	17	18	19		
Sliced Turkey & Cheese Sandwich Tomato Soup Applesauce Choice of Milk	Soft Shell Taco Refried Beans Mixed Fruit Choice of Milk	Pasta w/Meat Sauce & Cheese Green Beans Diced Pears Choice of Milk	Crispy Chicken Sandwich Tater Tots Applesauce Choice of Milk	Pizza Friday! Pepperoni, Cheese of Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk		
22	23	24	25	26		
Sloppy Joes Corn Diced Peaches Choice of Milk	Chicken Nuggets Brown Rice Carrots Mixed Fruit Choice of Milk	Corn Dog Baked Beans Diced Pears Choice of Milk	Chicken & Rice Stir-Fry Stir-Fry Veggies Applesauce Choice of Milk	Pizza Friday! Pepperoni, Cheese of Specialty Pizza Broccoli Pineapple Tidbits Choice of Milk		
29	30					

**Popcorn Chicken** Brown Rice **Mixed Veggies Applesauce Choice of Milk** 

**Beef & Bean Burritos** w/Sour Cream & Salsa **Refried Beans Mixed Fruit Choice of Milk**